

THE ALDERTON JUNIOR SCHOOL

LUNCH MENU

Week 2 - Week beginning 7/9, 21/9,
5/10, 19/10, 9/11, 23/11, 7/12

Monday

- a) Packed lunch
- b) Pizza
Cheese & Tomato/
Ham & Pineapple/
Pepperoni
Fruit Ice Pops / Yoghurt / Fruit

Deli Option

- c) Cheese Roll
- d) Ham Roll
- e) Tuna Roll

Tuesday

- a) Packed lunch
- b) Jacket Potato
With Beans, cheese or tuna
Mousse / Fruit

Deli Option

- c) Chicken Burger in a bun
- d) Veggie Burger in a bun

With sweetcorn
Oaty Cookies / Yoghurt / Fruit

Wednesday

- a) Packed lunch
- b) Sausages
- c) Veggie Sausages
with mash potatoes, vegetables, yorkshire pudding.
Fruit / Yoghurt / Fruit Jelly

Deli Option

- d) Sausage Sandwich
- e) Cheese Sandwich

Thursday

- a) Packed lunch
- b) Minced beef pasta bake
- c) Veggie Pasta
and mixed vegetables
Fruit Jelly / Yoghurt / Fresh Fruit

Deli Option

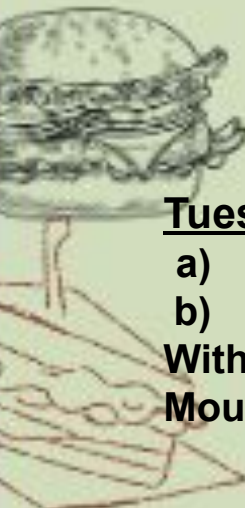
- d) Meatball Wrap
- e) Cheese Wrap

Friday

- a) Packed lunch
- b) Fish Fingers
- c) Veggie Nuggets
Chips, beans, peas

Deli Option

- d) Fish finger Sandwich
- e) Cheese Sandwich



BAKED FRESH
All our food is
cooked fresh
each day



CHICKEN
We always use
reputable suppliers
and where possible
use local produce

HEALTHY
Our Pasta, rice and
breads are healthy
wholemeal products



THE ALDERTON JUNIOR SCHOOL

LUNCH MENU

Week 1 - Week beginning 31/8, 14/9,
28/9, 12/10, 3/11, 16/11, 30/11, 14/12

Monday

- a) Packed lunch
- b) Cheese & Tomato Pasta
- Garlic Bread, Salad
- Ice Cream / Yoghurt / Fruit

Tuesday

- a) Packed lunch
- b) Pepperoni Quiche
- c) Cheese Quiche
- With mash, sweetcorn,
- Flapjack / Yoghurt / Fruit

Wednesday

- a) Packed Lunch
- b) All Day Breakfast
- c) Veggie Breakfast
- Sausage/veggie sausage, omelette, beans, hash browns
- Fruit Platter / Yoghurt

Thursday

- a) Packed lunch
- b) Meatballs
- c) Veggie Meatballs
- With Vegetable rice
- Yoghurt / Fruit / Fruit Jelly

Friday

- a) Packed lunch
- b) Chicken Nuggets
- c) Veggie Sticks
- With Chips & Beans or Peas
- Friday Favourite Cake / Yoghurt/ Fruit

Deli Option

- c) Cheese Roll
- d) Ham Roll
- e) Tuna Roll

Deli Option

- d) Beef Burger in a bun
- e) Veggie Burger in a bun

Deli Option

- d) Bacon & hash brown roll
- e) Cheese roll

Deli Option

- d) Sausage Roll
- e) Veggie Sausage Roll

Deli Option

- d) Chicken nugget baguette
- e) Cheese baguette

HEALTHY

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breads are healthy
wholemeal products